

# Ten Tips for Getting More Out of Your Meetings

## **Guideline 1:** Provide Specific Goals and Objectives for your Meeting

#### Practical Tips:

- 1) An agenda sent out prior to a meeting is critical! List your meeting objective (i.e. the purpose for the meeting) on the agenda.
- 2) Write out the preparation you would like the participants to do prior to the meeting. List it as the "Pre-Meeting Preparation". Include in that list the things/items you need participants to bring to the meeting.
- 3) Invite only those people who can contribute to the meeting.

Every person attending a meeting should be able to answer these key questions:

- \* What is the purpose of this meeting?
- \* How can I contribute?

## **Guideline 2:** Avoid the "Information Assumption" Trap

Practical Tips:

- 4) Avoid "lecture meetings". Is there a more efficient way to distribute certain information instead of calling a meeting?
- 5) Prepare Action Item Minutes.
- 6) Get participants actively involved in the meeting: timekeeper, leading, facilitating, etc.
- 7) Have participants attend only for the time they are needed.

### **Guideline 3:** The "Platinum Rule" of Meeting Success

Practical Tips:

- 8) Are your participants "big picture" or "detail" people? What format should be used in the project team's final report? What kind of meeting minutes will best meet the needs of your participants?
- 9) Start on time. Set an ending time on the meeting when scheduling the meeting. End on time.
- 10) Who said 'Robert's Rules of Order' increases the effectiveness of meetings? Develop your own "Rules of the Road" to meet your specific group's objectives and needs.

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